

LONG WALKS



LONG WALK on Wednesday 15th October

Section of North Wales coast path up to Talacre

MEET at 9.30 in the Station Road Car Park

DISTANCE 6.0 miles approx.

HEIGHT 655 FEET

LEADER Rosemary Hollingsbee

The walk follows the inland North Wales coast path from Mostyn to Ffynnongroyw and then continues along the coast to Talacre where we will catch a bus back to the start.

The starting point is the Lletty Hotel car park (CH8 9HF) on the A548 near Mostyn docks. It ascends from this point through country paths and woodland with a short stretch on a quiet lane and then crosses the A548 to continue along the coast path to the beach at Talacre.

The later part of the path crosses the RSPB bird reserve with possible sightings of estuary wading birds.

Talacre is a mini seaside resort so it should be possible to get refreshments, though not everything will still be open mid-October.

Any difficulties on the walk are on the inland section: there is a fallen tree across the path which I could only pass on hands and knees after taking off my rucksack. There is also a very unpleasant, but mercifully short, section of path which is very uneven and overgrown followed by a longish section along the edge of a ploughed field. On the plus side, there are no stiles.

All in all, it is a varied walk which has good views given suitable weather.

**PLEASE CONTACT ROSEMARY IF YOU
WOULD LIKE TO COME**

Email: walking@nestonu3a.org.uk

- 1. Please note all walks are undertaken at your own risk.**
- 2. You are responsible for your own safety and for your personal possessions.**

- 3. Please remember to bring your Membership card with you, with the In Case of Emergency information completed.**
- 4. Please bring masks in case there is opportunity to stop for a break where the venue might require them.**
- 5. The walk leader reserves the right to cancel the walk due to severe weather or other emergency.**
- 6. Please remember to check your emails before you leave home in case the**

YOUR PERSONAL RISK ASSESSMENT

Whilst there are now no Government restrictions in place please use common sense when deciding whether to attend a walk. If you have a cough, cold or feel unwell then please consider the safety and wellbeing of other members of the group.