LONG WALKS



LONG WALK on Wednesday 17th September

MEET at 9.30 in the Station Road Car Park

DISTANCE 6.0miles

LEADER
Chris and Anne Stone

The Walk starts from the top of the Sychnant Pass above Conway and Penmaenmawr where there is parking for around 10 cars and is 1 hour's drive from Neston along the A55 carriageway and then turning off to and through Conway.

The route is 6 miles with excellent footpaths and 3 stiles all in good order and the views are truly excellent spanning from Anglesey in the West to the Great Orme on the North Wales coast including a very scenic contour path known as the Jubilee Walk.

The walk was mildly strenuous in parts but all very doable but with a steepish final section to finish the walk back to the cars.

A mile before the end of the walk and before the steepish section we pass through the village of Capelulo with 2 pubs in situ, one the "Fairy Glen" looks very civilised!

We would however need the weather to be kind to us as the upland section of the walk is quite exposed.

Walking poles would be helpful but not a necessity.

PLEASE CONTACT ROSEMARY IF YOU WOULD LIKE TO COME

Email: walking@nestonu3a.org.uk

- 1. Please note all walks are undertaken at your own risk.
- 2. You are responsible for your own safety and for your personal possessions.
- 3. Please remember to bring your Membership card with you, with the In Case of Emergency information completed.
- 4. Please bring masks in case there is opportunity to stop for a break where the venue might require them.
- 5. The walk leader reserves the right to cancel the walk due to severe weather or other emergency.
- 6. Please remember to check your emails before you leave home in case the

YOUR PERSONAL RISK ASSESSMENT

Whilst there are now no Government restrictions in place please use common sense when deciding whether to attend a walk. If you have a cough, cold or feel unwell then please consider the safety and wellbeing of other members of the group.