

LONG WALKS



LONG WALK on Wednesday 20th August **Nercwys Forest**

MEET at **9.30** in the Station Road Car Park

DISTANCE 6.0miles approx.

Ascent 779 feet

LEADER Rosemary Hollingsbee

August's long walk starts in the Nercwys Forest North car park about 4 miles from the town of Mold.

At first it follows forest tracks with 2 excellent viewpoints towards Moel Famau and Bryn Alyn on one side and Hope Mountain on the other.

The track then enters farmland with more good views of the surroundings. On the negative side, some of the tracks are overgrown and the stiles not always well maintained. There is also a chance that cattle may be in some of the fields.

The walk returns to the forest via a quiet road.

**PLEASE CONTACT ROSEMARY IF YOU
WOULD LIKE TO COME**

Email: walking@nestonu3a.org.uk

- 1. Please note all walks are undertaken at your own risk.**
- 2. You are responsible for your own safety and for your personal possessions.**
- 3. Please remember to bring your Membership card with you, with the In Case of Emergency information completed.**
- 4. Please bring masks in case there is opportunity to stop for a break where the venue might require them.**
- 5. The walk leader reserves the right to cancel the walk due to severe weather or other emergency.**
- 6. Please remember to check your emails before you leave home in case the**

YOUR PERSONAL RISK ASSESSMENT

Whilst there are now no Government restrictions in place please use common sense when deciding whether to attend a walk. If you have a cough, cold or feel unwell then please consider the safety and wellbeing of other members of the group.