

WALKS



MEDIUM WALK on TUESDAY 5th August 2025

MEET: 10:00 am in the Arrowe Country Park car park (CH49 5LW). The car park is shared with Arrowe Park Golf Course and the Toby Carvery, and is free to use. Refreshments are available at either the Club House or the Carvery, along with toilets. The entrance is off the A551 on the other side of the road to Landican Cemetery.

Or meet at Station Road car park, Neston at **09:30**, if a lift is required.

DISTANCE: 3.5 miles

LEADER: Chris Stone

The walk is a pleasant flat route with no stiles. The first section is on a hard surface whilst the second part around the golf course may be muddy, depending on the weather in the preceding days. Walking poles are advisable if there has been rain beforehand.

There are tree roots along part of the route through the woods, so care will be required or people can walk along the field edge, and a fallen tree to negotiate.

Email: walking@nestonu3a.org.uk

- 1. Please note all walks are undertaken at your own risk.**
- 2. You are responsible for your own safety and for your personal possessions.**
- 3. Please remember to bring your Membership card with you, with the In Case of Emergency information completed.**
- 4. Please bring masks in case there is opportunity to stop for a break where the venue might require them.**
- 5. The walk leader reserves the right to cancel the walk due to severe weather or other emergency.**
- 6. Please remember to check your emails before you leave home in case the walk is cancelled at short notice.**

YOUR PERSONAL RISK ASSESSMENT

Whilst there are now no Government restrictions in place please use commonsense when deciding whether to attend a walk. If you have a cough, cold or feel unwell then please consider the safety and wellbeing of other members of the group.