

LONG WALKS



LONG WALK on Wednesday 15th April 2026

Woodhouse Hill and Frodsham Woods

MEET at 9.30 in the Station Road Car Park

DISTANCE 4.7 miles approx.

HEIGHT 630 FEET

LEADER Derek Hollingsbee

The planned route of the walk starts at the horse sanctuary "Spirit of the Herd" (WA6 6XQ) and climbs Woodhouse Hill on the new Joe's Path, which is part of a newly acquired Woodland Trust property.

After looking at the excellent views over to the Mersey Estuary, it crosses the old golf course, now being planted with young trees, and continues on footpaths and lanes to descend through woodland back to the start. As this descent is steep in places, it might be tricky after rain so Derek will probably then go the

other way round so that the walk ascends, rather than descends, this way.

There is a refreshment kiosk part way round which should be open, but this is not guaranteed so you should bring your own food and drink as usual.

It is quite a short walk so there is no need to bring masses of supplies.

PLEASE CONTACT ROSEMARY IF YOU WOULD LIKE TO COME

Email: walking@nestonu3a.org.uk

- 1. Please note all walks are undertaken at your own risk.**
- 2. You are responsible for your own safety and for your personal possessions.**
- 3. Please remember to bring your Membership card with you, with the In Case of Emergency information completed.**
- 4. Please bring masks in case there is opportunity to stop for a break where the venue might require them.**
- 5. The walk leader reserves the right to cancel the walk due to severe weather or other emergency.**
- 6. Please remember to check your emails before you leave home in case the**

YOUR PERSONAL RISK ASSESSMENT

Whilst there are now no Government restrictions in place please use common sense when deciding whether to attend a walk. If you have a cough, cold or feel unwell then please consider the safety and wellbeing of other members of the group.